

Monday**29**

Maple Pork Pancake Sausage
on a Stick
Cereal Marshmallow Mateys
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

Tuesday**30**

Cinnamon French Toast Sticks
Cereal Scooters
Yogurt
Fruit
100% Fruit Juice
Maple Syrup
Milk 1%
Milk Choc Skim 1/2 pint

Wednesday**31**

Bacon & Egg Breakfast Pizza
Cereal Cocoa Puffs
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

Thursday**1**

Sausage Egg & Cheese
Croissant
Cereal Honey Graham Square
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

Friday**2**

Glazed Cinnamon Bun
Cereal Marshmallow Mateys
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

5

Maple Pork Pancake Sausage
on a Stick
Cereal Marshmallow Mateys
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

6

Waffles
Cereal Scooters
Yogurt
Fruit
Maple Syrup
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

7

Bacon & Egg Breakfast Pizza
Cereal Cocoa Puffs WG Bowl
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

8

Mini Pancakes Cereal
Honey Graham Square
Yogurt
Fruit
Maple Syrup
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

9

Cinnamon Toast Crunch Bar
Cereal Marshmallow Mateys
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

12

Cinnamon French Toast Sticks
Cereal Marshmallow Mateys
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

13

Cinnamon French Toast Sticks
Cereal Scooters
Cheese Stick
Fruit
Maple Syrup
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

14

Bacon & Egg Breakfast Pizza
Cereal Cocoa Puffs
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

15

Sausage Egg & Cheese
Croissant
Cereal Honey Graham Square
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

16

Frudel
Cereal Marshmallow Mateys
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

19

No School

20

Waffles
Cereal Scooters
Yogurt
Fruit
Maple Syrup
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

21

Bacon & Egg Breakfast Pizza
Cereal Cocoa Puffs
Fruit
Cheese Stick
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

22

Cinnamon French Toast Sticks
Cereal Honey Graham Square
Yogurt
Maple Syrup
100% Fruit Juice
Fruit
Milk 1%
Milk Choc Skim 1/2 pint

23

Cinnamon Toast Crunch Bar
Cereal Marshmallow Mateys
Fruit
Cheese Stick
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

26

No School

27

Cinnamon French Toast Sticks
Cereal Scooters
Yogurt
Fruit
100% Fruit Juice
Maple Syrup
Milk 1%
Milk Choc Skim 1/2 pint

28

Bacon & Egg Breakfast Pizza
Cereal Cocoa Puffsl
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

29

Sausage Egg & Cheese
Croissant
Cereal Honey Graham Square
Yogurt
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint

1

Glazed Cinnamon Bun
Cereal Marshmallow Mateys
Cheese Stick
Fruit
100% Fruit Juice
Milk 1%
Milk Choc Skim 1/2 pint